

FAMILY SKILL BUILDING CLASSES:

Understanding the Whole Child



Come to the Picuris Pueblo Wellness Center Friday April 20, 8:30am–3:00pm to learn about:

- 1. Helping Your Child Build a Strong Brain**
9:00–10:00am
- 2. Building a Strong Relationship with Your Child**
10:00–11:00am
- 3. Role of Culture in Your Child's Life**
11:00am–12:00pm
- 4. Child Growth & Development**
1:00–2:00pm
- 5. Helping your Child Cope with Stress**
2:00–3:00pm

Breakfast (8:30am) and lunch (noon) will be provided, in addition to free gift cards and door prizes. All parents and children from Picuris Pueblo are welcome.

Babysitting is available.

Picuris Pueblo is hosting informative presentations to share knowledge with parents about early childhood development and building family connections. Topics in this culturally rooted series are based on interests expressed by community members to refresh or learn new parenting skills and gain a deeper understanding of their child in stages of growth.

Presentations will be made by Anna Marie Garcia, LANL Foundation Early Childhood Program Director, followed by Q & A discussions led by Jovanna Archuleta, Early Childhood Pueblo Outreach Coordinator.

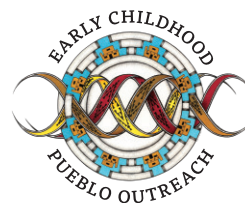
CONTACT INFORMATION:

Francine Yazza

communitywellness@picurispueblo.org
575-779-4220

Jovanna Archuleta

jovanna@lanlfoundation.org 505-753-8890



About the Early Childhood Pueblo Outreach Project:

Children's experiences during their first three years critically impact how their brains develop and how they will interact with the world throughout life. At the request of the Eight Northern Indian Pueblos Council (ENIPC) Governing Board, and with support of Governor Craig Quanchello and funding from the W.K. Kellogg Foundation, the LANL Foundation is working with the community to provide education on the importance of early childhood development and to promote resources available to parents.

lanlfoundation.org

LANL Foundation is a 501(c)(3) nonprofit with the mission to inspire excellence in education and learning in Northern New Mexico through innovative programming, collaboration, and advocacy.

